

For Sunday 13th September 2026

Passage: 1 Corinthians 12.12-31



St Peter's
COLCHESTER

St Peter's Kids Resources

Welcome to the resources for St Peter's Kids.

Each Sunday, Seekers and Diggers will normally explore the same Bible passage or theme as the rest of the church, in ways that are right for their different ages.

Our hope is to help the children:

- engage seriously with the Bible;
- grasp one clear central truth;
- understand why it matters;
- respond appropriately to God;
- enjoy being together and build good relationships.

How to use these resources

These are resources, not a script. Please use your knowledge of the children and your own strengths as a leader, and feel free to adapt what is here. You certainly do not need to use everything suggested.

A simple, engaging conversation about the Bible can be far more valuable than an elaborate activity. The aim is always to help the children understand, remember and respond to God's word.

Seekers and Diggers

- Seekers – Reception to Year 2: keep things short, concrete and interactive, using repetition, movement, visual material and questions they can genuinely answer.
- Diggers – Years 3 to 6: give children real opportunities to read the Bible, notice things in the text, think, question, discuss and respond. Aim for material that stretches them without feeling childish.

What about craft?

Craft can be a great way to reinforce the Bible teaching or help children respond, but it is entirely optional. If you enjoy using craft and it genuinely helps the session, please do. If it does not, there is absolutely no need to include it.

Summary

- Paul describes the church as one body made up of many different parts. Every Christian belongs, every member matters, and we need one another.
- Key verse: "Now you are the body of Christ and individually members of it." (12.27)
- Aim: To help the children see that nobody in God's church is unimportant, and that God has deliberately made us different so that we can belong together and care for one another.

Things to notice in the passage

- Paul uses the picture of a body with many different parts: one body does not mean everybody being the same.
- In verses 15-16, one part says, "I do not belong." Paul says that feeling different does not make someone any less part of the body.
- In verse 21, another part says, "I have no need of you." Paul says that no Christian can dismiss another Christian as unnecessary.
- Verse 18 reminds us that God has arranged the members of the body as he chose.
- The result should be mutual care: if one member suffers, all suffer together; if one is honoured, all rejoice together.

Possible approach for Seekers

You might begin by talking about the different parts of a body and what each one does.

- Ask the children what our eyes, ears, hands and feet are for.
- Imagine a body made entirely of eyes, or entirely of feet. Would it work?
- Explain that our bodies need lots of different parts, and Paul says the church is like that too.
- God brings different people together in his church. We are not all the same, but everybody belongs and everybody matters.
- Keep returning to the simple truth: Everybody in God's church matters.

Possible approach for Diggers

Give the children the passage and ask them to investigate verses 14-27.

- Find the two wrong ideas in the passage: "I do not belong" and "I do not need you."
- Ask what Paul says to someone who feels unimportant or thinks they do not fit in.
- Then ask what Paul says to someone who thinks another Christian is unnecessary.
- Look at verse 18. What difference does it make that God has arranged the body?
- Discuss: are the most visible, confident or talented people necessarily the most important?
- Finish with verse 27: what should change if we really believe that we are members of the same body?

Connecting it with St Peter's

- Think about the different people who make up St Peter's – different ages, personalities, backgrounds, abilities and ways of serving.
- Ask who might sometimes be easy to overlook: someone quiet, someone new, someone younger or older, or someone whose service happens behind the scenes.
- Encourage the children to think of one way they could show somebody this week that they matter and belong.

Possible activities

- Impossible body: draw a body with far too many of one part and none of another. Why would it not work?
- Team challenge: give children different roles in one shared task, then talk about why each role mattered.
- Church body: think of different people and different ways of serving at St Peter's, including the less visible ones.
- Craft: optional, if it helps reinforce the truth that we belong together and every member matters.

Prayer

- Thank God for making us part of Christ's body.
- Thank him for the different people he has brought into our church.
- Ask him to help us value, care for and encourage one another.
- Ask him to help us remember that nobody in his church is unimportant.

Further resources

- [BibleProject – 1 Corinthians](#)
- [Mustard Seeds](#)